

## Safety in the Workplace

### Get to Work Safely

Follow the road rules and follow marked walkways and paths while on site.



### Be Cautious of Moving Vehicles

Watch out for forklifts while on site, they move quickly and the drivers may not always see you. Keep to marked walk ways in forklift areas.

### Beware of Trip Hazards

Keep the workplace safe, pick up hoses or notify your supervisor if you see anything that may trip someone.



### Stretching

Stretching is extremely important and should be done before work and after each break. Fingers, wrists, arm, shoulder and back all need to be covered in your exercise routine.

### Keep Your Hands Out of Sterilizers

Do not put your hands in sterilizers - severe burns can occur as the water is above 82°C. If you see anyone with their hands in a sterilizer notify your supervisor.



### Operating Machinery

Never use machinery that you have not been trained to operate.

### Using Ladders

If using ladders you must have 3 points of contact at all times. Never climb higher than the 3rd step from the top. If using platform ladders make sure you attach the safety chain behind you.



### Have You Got Any Questions?

If something feels unsafe it most probably is. Notify your supervisor or AWX representative.

### What to Do if You Injure Yourself?

If you injure yourself in any way see your supervisor or first aid attendant immediately.



**MOST OF ALL,  
KEEP SAFE AND PROTECT EACH OTHER**